Please add the following claims.

- --57. A substrate coated with an essentially water-free composition, wherein said composition comprises a superabsorbent polymer that absorbs greater than 100 times its weight in water in combination with a compound, wherein said compound comprises a petroleum lubricant, synthetic lubricant, grease, or solid lubricant, and wherein said compound optionally contains a lubricant additive.
- 58. The substrate of claim 57 wherein said compound comprises a petroleum lubricant or synthetic lubricant, and wherein said compound optionally contains an additive which comprises a detergent or a dispersant.
- 59. The substrate of claim 57 wherein said superabsorbent polymer is neutralized or cross-linked, and is based on acrylic acid, acrylamide, or an acrylate.
- 60. The substrate of claim 58 wherein said superabsorbent polymer is neutralized or cross-linked, and is based on acrylic acid, acrylamide, or an acrylate.
- 61. The substrate of claim 57 wherein said compound comprises a petroleum oil, an organic ester, or a glycol, and combinations thereof.
 - 62. The substrate of claim 57 wherein said substrate comprises a cable.

- 63. The substrate of claim 57 wherein said substrate comprises a wire.
- 64. The substrate of claim 57 wherein said composition comprises a product made by the process of combining said superabsorbent polymer with said compound, and when present, said additive.
- 65. A method of protecting a substrate from the affects of water or water migration comprising coating said substrate with an essentially water-free composition, wherein said composition comprises a superabsorbent polymer that absorbs greater than 100 times its weight in water in combination with a compound, wherein said compound comprises a petroleum lubricant, synthetic lubricant, grease, or solid lubricant, and wherein said compound optionally contains a lubricant additive.
- 66. The method of claim 65 wherein said compound comprises a petroleum lubricant or synthetic lubricant, and wherein said compound optionally contains an additive which comprises a detergent or a dispersant.